### RECOVERY SUPPORT SERVICES

JUSTIN HOLLAND, RSPS JANET "TRINITY" MOORE, RSPS





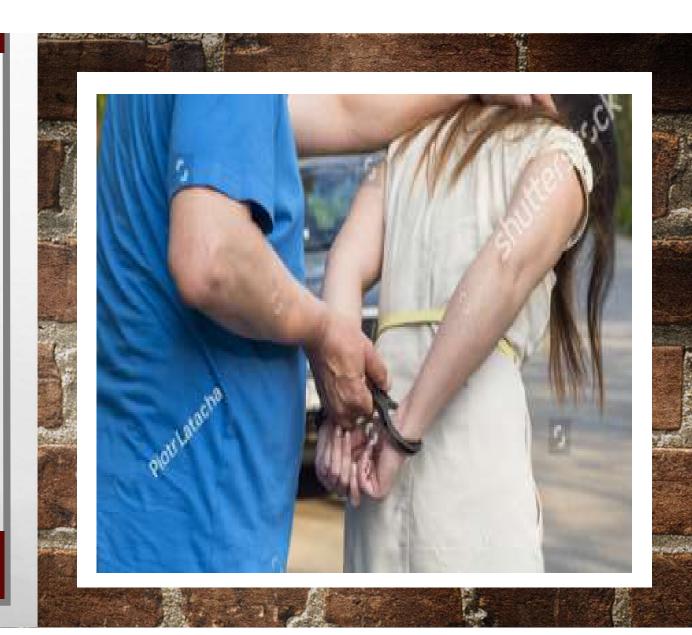




### ... AND THIS, TOO

- MEN'S AND WOMEN'S WEEKLY SUPPORT MEETINGS
- PLAN SOBER EVENTS
- PROVIDE ONE-ON-ONE PEER SUPPORT TO HELP INDIVIDUALS ACHIEVE PERSONAL GOALS (SECURING EMPLOYMENT, OBTAINING IDENTIFICATION DOCUMENTS).
- DEVELOP COPING STRATEGIES, SETTING BOUNDARIES, AND MANAGING TRIGGERS.
- ADVOCATE FOR INDIVIDUALS INVOLVED IN DRUG COURT AND CPS SYSTEMS
- CO-FACILITATE 4C'S (COURAGE, COMMITMENT, CHALLENGE, CHANGE)
- FACILITATE PEER ADVISORY COUNCIL (PAC)
- VETERAN OUTREACH CENTERS
- LOCAL MENTAL HEALTH AUTHORITY (LMHA)
- WORK WITH RECOVERY HOUSES

### WHAT WE DON'T DO



## ...OR THIS

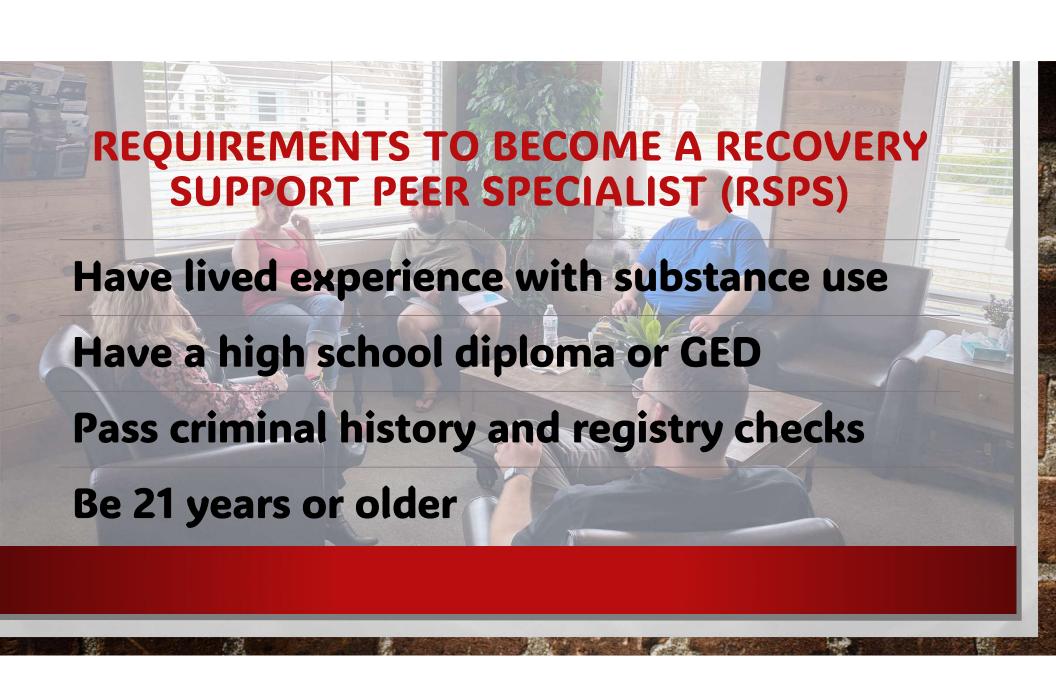




### **WE GO THE EXTRA MILE!**

- WE TAKE PARTICIPANTS TO TWELVE STEP RECOVERY MEETINGS
- TRANSPORT TO JOB INTERVIEWS, THE SOCIAL SECURITY OFFICE, DMV
- HELP THEM WRITE RESUMES, GET GED, FILL OUT COLLEGE APPLICATIONS
- WE HELP FINANCIALLY WITH RENTAL AND UTILITY ASSISTANCE
- WE GO TO COURT HEARINGS

# HOW TO BECOME A RECOVERY SUPPORT PEER SPECIALIST (RSPS)



### **CERTIFICATION PROCESS**

**Complete 46 hours classroom training** 

250-hour supervised internship

Receive full certification from the Texas Certification Board

Continued education units (CEUs) yearly to maintain certification

## OUR IMPACT IN DRUG COURT THIS YEAR



We supported 58 participants in the 159th and 217th Drug Courts.

38 people joined our RSS support groups

We took 26 participants to probation for CODES

We helped 17 participants find jobs.

We helped 16 participants in getting housing or into a Recovery House

We helped 14 participants get Social Security cards, state IDs, or driver's licenses.

#### WHO GIVES US FUNDING?

TEXAS HEALTH & HUMAN SERVICES COMMISSION FUNDS THE GRANT FOR RECOVERY SUPPORT SERVICES



### THANK YOU

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